GET FIT DONE
HABIT TRACKER

MONTH

HABITS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

INSTRUCTIONS + LINK TO SUBMIT DATA AT
WWW.WEGETFITDONE.COM/MONTHLY-METRICS